

First Annual 5K Run
"On Your Marc"
In Memory of Marc J. Small



Small Steps in Speech

Saturday, August 1, 2009 - 8:30 A.M.
Eagleville Park - Lower Providence Township

Timing & Results by Pretzel City Sports

All Proceeds will be donated to "Small Steps in Speech" Foundation

Marc's Story *(written by his sister, Megan)*

On February 12, 2009, my brother and Lower Providence resident, SSG Marc J. Small, was killed in action in Afghanistan. He was a Special Forces Medic serving with the United States Army.

Marc had only been in Afghanistan for 3 weeks, but during that time he treated 40 patients a day and built a relationship with the local people and children. His unexpected passing has been a tragedy to our family, but we know he would have wanted us to continue his memory in positive aspects.

"Small Steps in Speech" is a foundation started by Marc's fiancée, Amanda Charney, to assist children with communicative disorders. Marc had always wanted her to open her own practice and came up with the name...

"Small"... for his/her last name...

"Steps in Speech"...the small steps that these children take to improve their speech.

www.smallstepsinspeech.com

So, please join us, have fun and help out this important foundation.

Registration: Online at www.lowerprovidence.org - click on "On Your Marc" 5 K run

OR

Complete form on back. Make check payable & mail to: "**Lower Providence Township c/o On Your Marc**", 30 Parklane Dr., Eagleville, PA 19403.

Race Director: Megan MacFarland – onyourmarc8@yahoo.com - 610-489-8559



Saturday, August 1, 2009 - 8:30 A.M. Eagleville Park – 100 Parklane Dr. Eagleville, PA

Course Description: An accurate, measured 5K course through Lower Providence Park and Township.

Amenities: Water stop on course, food, refreshments & entertainment at finish. Instant results at finish, with results posted on www.pretzelcitysports.com in 24-48 hours. Plenty of parking is available at the Lower Providence Township Building.

Awards: Top male & female *overall*. Plus: Top 2 males and females in the following age groups:
14 & under 15-19 20-29 30-39 40-49 50-59 60-69 70+

Directions: Eagleville Park – 100 Parklane Dr., Eagleville, PA 19403

From Norristown: Go west on Ridge Pike toward Eagleville. Turn right at Parklane Drive (across from Brother Paul’s Pub and Restaurant).

From Collegeville: Go east on Ridge Pike toward Eagleville. Turn left at Parklane Drive (across from Brother Paul’s Pub and Restaurant).

Registration & Fees: by mail or at www.lowerprovidence.org

- \$20.00 if received by July 18, 2009 (T-shirt included)
- \$25.00 if received *after* July 18, 2009 (T-shirts while supplies last)
- \$25.00 if registered on race day (T-shirts while supplies last)

Early Check-in: Friday, July 31, 5 PM to 7 PM at the Pavilion near the playground
Race Day Check-in: Saturday, August 1, begins at 7:30 AM at the Pavilion near the playground

Your tax-deductible donation is greatly appreciated!

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip Code _____

Sex: M F Race Day Age _____ Date of Birth ___/___/___ Shirt Size: XS S M L XL

Telephone (____) _____ Email: _____

Make check payable to “*Lower Providence Township c/o On Your Marc*”, 30 Parklane Dr., Eagleville, PA 19403

I hereby acknowledge that participation in a road race is an inherently dangerous activity. I understand that risks include serious injury or death, from such hazards as weather conditions, falls, contact with the road, motor vehicle traffic, contact with other participants, and other potential hazards. I acknowledge that I should not enter or participate in this event unless I am medically able and properly trained.

Race Entry Fee Enclosed \$ _____

SIGNATURE: _____
(Signature of Parent or guardian if under 18)

Additional Donation Enclosed \$ _____

DATE: _____/_____/2009

Total Enclosed \$ _____

____ I am unable to participate, but enclosed is my donation.